

How to report a **PACKAGED FOOD** thought to have triggered an allergic reaction/anaphylaxis

1. First manage the allergic reaction/anaphylaxis
2. Then report the reaction to help benefit others

Keep suspect foods

- note the batch number and use-by date
- photograph package ingredient list and allergen information
- seal it, label it **DO NOT EAT** then freeze it

Note where and when food was purchased – keep the receipt

Make a written record of whole incident including medical treatment as soon as possible after the reaction

If possible, purchase an identical item with the same batch number and/or use-by date

Contact Allergy & Anaphylaxis Australia for assistance in reporting – call 1300 728 000 or email coordinator@allergyfacts.org.au

Contact state/territory health department or food authority in the state that the food was produced or imported into

Provide a small portion of the suspect food to the authorities if requested, but ensure you keep a portion